RESEARCH SUBJECTS NEEDED!

The NYU Department of Psychology is recruiting participants for a paid study on the effects of sleep and sleep loss.

The study contains the following procedure:
Participants will be randomly allocated to one of two conditions: to sleep 8-9h/night for two nights or 4h/night for two nights. Following this, participants will fill out questionnaires and interact with another person while both participants' respiration and heart rate are monitored.

Who: Healthy individuals between 18 and 45 years old who have a sleep need of 7-9 hours per night and do not suffer from sleep disorders.

Compensation: Participants will be paid for their participation.

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